

# Resource Directory



Confidential Support and Services for  
Long –Term Living. Provide  
information about support to  
individuals  
over the age of 60 &  
persons with disabilities aged 18 – 59.

1-866-926-5118

1-800-998-4827

TTY: 717-737-3564



As partners in the Perry County LINK to Aging and Disability Resources, the **Perry County Area Agency on Aging** and the **UCP of Central Pa** seek to provide information and streamlined access to long term living supports and services to older adults and individuals with disabilities in our Community. This is a collaborative effort with the Commonwealth of Pennsylvania's Office of Long Term Living and many other agencies in our area. It is our goal to empower individuals to effectively navigate their health and other long-term support options by giving them the resources they need to make the choices that best meet their circumstances.

UCP is one of the Local Core Partners collaborating with Perry County Area Agency on Aging to establish a Link Network in Perry County. Under this new approach, consumers and service professionals may call Link Network agencies in Perry County for information on and linkage to, the entire array of services offered by the partnering agencies. UCP and the Perry County Area Agency on Aging work together to build easier access to Long Term Living services and supports. They have built a team that provides essential long term support services and facilitates cross training among all agencies involved.

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## Basic Needs

### Clothing/Furniture

#### **Caring Closet**

#### **Bethany United Methodist Church**

400 Lansvale St., Marysville

717-957-2030

FREE baked goods, clothing and sometimes household items. Usually 4<sup>th</sup> Saturday of the month 8am - 10:30am except Dec. Phone Jeannie (834-4771) or Patti (957-2290) for more details.

#### **Care and Share Thrift Store**

Corner of Route 235 & Seven Stars Rd., Seven Stars

717-589-9959

Clothing, household items, limited furniture.

#### **Christ Lutheran Church**

115 Church St., Duncannon

717- 834-3140

Free Clothing on the 1st and 3rd Saturdays of the month.

Free Breakfast on the 1st Saturday of the month.

#### **Duncannon Otterbein UMC**

327 Newport Road, Duncannon

717- 834-3431

Food, diapers, furniture, etc. distributed to those in need - Third Friday of the month at Duncannon Fire Hall, Community Room

#### **Good Shepherd Lutheran**

1000 N. Front St., Liverpool

717-444-2167

Free Clothing on the 3rd Saturdays of the month 8:30 am - 11am.

#### **Perry County Family Center**

Mulhollem Center Route 34

8391-R Spring Road, Suite #3, New Bloomfield

717- 582-3656

## Food

#### **Bread of Life**

Newport Assembly of God

253 N. 6th St., Newport

717-567-3333

Food, cleaning supplies, personal care items and other products. Distribution on second Saturday of the month. Emergency distribution available.

#### **Pennsylvania Hunger Action Center**

800-634-2033

Apply for Food Stamps (SNAP—Supplemental Nutrition Assistance Program) over the phone. No need to make a trip to the County Assistance Office.

#### **Perry County Food Bank**

300A S. Carlisle St. PO Box 37, New Bloomfield

717-582-9978

Emergency Food Pantry open three days per week:

Monday & Wednesday 9 am-noon & 1 pm-3 pm; Friday 9 am-Noon. Food is also distributed to outlying sites for client pickup on third Saturday, monthly.

Blain: Zion United Church of Christ  
RR 274 & RR 17 8:30 am-10 am

Duncannon: Asbury UMC 29 N. High St.  
9 am-11 am

Ickesburg: Ickesburg Fire House Rt. 17  
9 am-10 am

Liverpool: Good Shepherd Lutheran  
1000 N. Front St. 9 am-11 am

Loysville: (Blain) St. Paul Lutheran Church RR #1  
Friday 3:30 PM - 5:00 PM (Friday preceeding the 3<sup>rd</sup>  
Saturday)

Marysville: Wesley UMC 450 Sylvan St Extension  
8 am-10 am

Millerstown: Millerstown Moose  
109 Juniata Pkwy W 9 am-10 am

New Bloomfield: PC Food Bank  
300 A S. Carlisle St 9am-11 am

Newport: Highland United Presbyterian  
11 Church Rd 9 am-11am

## Housing

**Center for Independent Living**  
207 House Ave, Ste 107, Camp Hill

2 North Second St Newport  
Newport office: 717-567-0306  
800-323-6060  
TTY: 800-829-7404  
Videophone: 7171-255-0124

Low income housing, housing specialist & coordinator, personal attendant care program, life skill training, ADA technical assistance & advocacy services for people with disabilities.

## **Low Income Housing**

Episcopal Commons 717-567-3626  
502 S. Fourth St., Newport  
Elderly & Disabled

Perlo Ridge Apartments 717-789-3735  
R.R. 2, Box 400, Loysville

Pine Street Commons 717-444-7563  
302 N. Pine St., Liverpool  
Elderly & Disabled

Locust Village 717-957-4830  
200 Leonard St., Marysville

Newport Hotel Senior Housing 717-567-0329  
2 North Second St., Newport

Newport Square Apartments 717-567-9815  
9 South Second St., Newport

Shermans Valley Apartments 717-789-9389  
50 Powell Lane, Loysville  
62 years and older

Susquehanna Apartments 717-834-9522  
629 N. Market St., Duncannon

### **Pennsylvania Housing Finance Agency**

800-822-1174

### **Perry Housing Authority**

20 West McClure St., New Bloomfield  
717-582-8853  
Section 8 Rental Assistance

### **Perry Housing Partnership**

PO Box 299, New Bloomfield  
717-582-0222

Develops affordable housing opportunities for residents of Perry County, including: low-income, disabled, elderly, homeless individuals, homeless families.

### **Perry Human Services**

Mulhollem Office Centre  
8391 Spring Rd. PO Box 436, New Bloomfield  
717-582-8703  
Homeless Assistance Program for homeless, near homeless or eviction.

### Transportation

#### **Perry County Transportation Authority**

P.O. Box 217 350 Fickes St., Newport  
717-567-2490  
877-800-7433

### **Wheelchair Getaways**

1262 Peters Mountain Road Unit D, Dauphin  
800- 221-6501

### Utilities

#### **Community Action Commission**

717-232-9757

PPL OnTrack program is a special payment plan for PPL customers with limited incomes who are struggling to pay the full cost of electric service. The program offers a special reduced monthly payment based on family size, income and electric use; protection from service shut-off; and a chance to erase any debt owed to PPL.

**Join Hands Ministry**

New Bloomfield Borough Bldg 25 E. McClure St  
717-582-7844

Pastoral counseling/ministry, life skill support, assistance in home repairs, assistance with emergency home fuel, and holiday resources for families in need.

**LIHEAP (Low Income Heating Assistance Program)**

866-857-7095

Helps low income people pay their heating bills through home heating energy assistance grants and crisis grants.

**New Hope Ministries**

5228 East Trindle Road, Mechanicsburg  
717-766-7333

Met-Ed and Penelec Customer Assistance Programs offer a reduced bill that is based on a percentage of income and debt forgiveness. Debt forgiveness credits are applied directly to participants' electric service accounts in recognition of payments that are made on time and paid in-full.

**Perry County Family Center**

Mulhollem Center, Route 34  
8391-R Spring Road, Suite #3, New Bloomfield  
717-582-3656

Operation Help/PP&L Fuel Fund pays energy bills for customers who, as a result of hardships and limited income, have difficulty paying their energy bills. These funds are used to pay for any type of home heating.

**Safelink Wireless**

800-977-3768

Qualified customers will receive a free SafeLink Wireless handset and 68 free monthly Minutes with no commitments, contracts, or bills.

**Verizon Lifeline Service & UTAP**

800- 640-4155

Telephone Bill assistance, free amplified phone if qualify.

## Community Services

### Advocacy

#### **AARP**

30 North 3rd Street Suite 750, Harrisburg  
866-389-5654  
Senior Advocacy Groups and Tax assistance.

#### **Center for Independent Living**

See listing on page 9

#### **Disability Rights Network**

1414 N. Cameron St. - Second Floor, Harrisburg  
800-692-7443  
TTY: 877-375-7139

#### **Pennsylvania Client Assistance Program**

207 House Ave Ste. 15, Camp Hill  
800-323-6060 [240]  
TDD: 717-731-1077  
Client Assistance Program (CAP) is an advocacy program for people with disabilities.

#### **United Cerebral Palsy of Central Pa**

925 Linda Lane, Camp Hill  
800-998-4827

United Cerebral Palsy of Central PA provides community services to persons living with a physical disability. (See page 19 for a complete description of services).

## Community Groups & Facilities

### **CONTACT Helpline**

800-932-4616

Confidential active listening, Information and referrals to community resources, support groups 24 hours a day/7 days a week.

#### **Perry County Area Agency on Aging**

Rhinesmith Building Center Square P.O. Box 725,  
New Bloomfield

717- 582-5128

866-926-5118

*Home & Community Based Services:*

APPRISE Insurance Counseling, Care Management, Congregate Meal Plan, Family Caregiver Support Program, Home delivered meals, Information & Referral, Legal Assistance, LTC Ombudsman, Aging Waiver, Nursing Home Assessment, Nursing Home Transition, OPTIONS Services, Personal Care Home assessments, Prime Time Health Program, Protective Services and home modifications.

### Senior Centers

#### **Blain Senior Citizens' Center**

7 Blain Road, Blain  
717-536-3630

#### **Central Perry Senior Citizens' Center**

225 W. Main St., New Bloomfield  
717-582-4508

**Duncannon Senior Citizens' Center.**

27 North High St., Duncannon

717-834-4777

**Liverpool Senior Citizens' Center**

403 Union St., Liverpool

717-444-7305

**Marysville Senior Citizens' Center**

198 Leonard St., Marysville

717-957-2525

**Millerstown Senior Citizens' Center**

99 West Greenwood St., Millerstown

717-589-3950

**Newport Senior Citizens' Center**

2 North Second St, Suite 101, Newport

717-567-6058

**Consumer Services**

**Concerns & Complaints**

**Better Business Bureau**

1337 North Front St., Harrisburg

717-364-3250

**Medicare/aid Fraud Hotline**

800-447-8477

**Pennsylvania Office of Attorney General**

16th Floor Strawberry Square, Harrisburg

Consumer Protection

800-441-2555

Health Care Section

877-888-4877

**Pennsylvania Office of Consumer Advocate**

555 Walnut St 5th Floor Forum Place, Harrisburg

800-684-6560

The office seeks to assist consumers in disputes arising over billing, services with utility companies.

**US Consumer Product Safety**

800-638-2772

**US Food & Drug Administration**

General Inquiries

888-463-6332

Consumer Complaints

877-689-8073

**United Cerebral Palsy of Central Pa**

925 Linda Lane, Camp Hill

800-998-4827

United Cerebral Palsy of Central PA provides community services to persons living with a physical disability. (See page 19 for a complete description of services).

## Legal Services

### **Mid Penn Legal Services**

401 East Louther St Suite 103, Carlisle  
800-822-5288

Legal representation in civil cases.

### **PA Bar Assoc. Lawyer Referral Service**

P.O. Box 186 100 South St Harrisburg  
800-692-7375

### **Pennsylvania Senior Law Helpline**

877-727-7529

Free legal information, advice and referrals to senior citizens (60 years and older). Helpline hours: Monday, Wednesday, Friday 10 am - 4 pm.

## Life Skills Training

### **Links to Independence**

925 Linda Lane, Camp Hill

717-737-3477 ex 360

A program for individuals with intellectual disabilities that provides habilitation, respite and community integration. Habilitation would include working on individual goals to increase independence for our consumers (cooking, cleaning, budgeting, how to use transportation...). We also help individuals become more active in their community by helping them to find volunteer positions that fit their interests.

## Health Care

## Assistive Technology

### **Pennsylvania Telecommunication Device Distribution Program (TDDP)**

Voice: 800-204-7428

TTY: 866-268-0579

Provides FREE, specialized equipment to eligible Pennsylvanians who have disabilities which prevent them from using regular telephone equipment.

### **United Cerebral Palsy of Central Pa**

925 Linda Lane, Camp Hill

800-998-4827

United Cerebral Palsy of Central PA provides community services to persons living with a physical disability. Service Coordinators of the Community Services programs assist adults with disabilities in solving day to day problems such as medical care, transportation, housing, employment, education, and attendant care. Possible solutions include but are not limited to Waiver Services, Home Health and / or Hospice Services, Assistive Technology, Family Support, Job Coaching, Apprise/Benefits Counseling, and Crisis Intervention Services. Community Services interfaces with existing agencies for coordination of services and referrals. Additional services such are Advocacy/Training, Nursing Home Transition, Peer Services, PA Access Program, Local Housing Option Team (LHOT), Homeless Assistance, and Emergency Shelter. Ongoing information and referral for any need is

available. Non-medical in-home services such as Geriatric Care Management, medical services coordination, financial/bill paying service, home maintenance/repair coordination, personal care services, home helper services, companion care, transportation, respite services are also available to seniors with the ability to pay.

### **Pennsylvania Training & Technical Assistance Network**

6340 Flank Dr., Harrisburg  
800-360-7282

Technical assistance to sensory impaired persons in educational programs including blind, deaf/hard-of-hearing and deaf-blind. Training is also available to parents and professionals working with the sensory impaired.

### **Tri County Association for the Blind**

1130 South 19th St., Harrisburg  
717-238-2531

Variety of services to persons who are visually impaired/Blind.

### **Medical Equipment**

**Dynamic Rehab Solutions, LLC**  
4400 Lewis Rd Suite E, Harrisburg  
717-972-0391

Durable Medical Equipment - complex rehab including repairs to patient owned equipment.

### **Muscular Dystrophy Association**

2080 Linglestown Road Suite 104, Harrisburg  
717-540-4316

Wheelchairs, scooters, leg braces and communication devices. Also loan closet containing recycled and donated equipment. Loaned out for indefinite period when medically prescribed in relation to neuromuscular disease.

### **Grace United Methodist Church**

309 Herman Ave., Lemoyne  
717-763-7632

Lending of wheelchairs, walkers, crutches, canes, commodes and other small articles available for private use.

### **Family Home Medical**

1 Sprint Drive, Carlisle  
1-866-486-5201

### **Home Health Care**

**Capital Home Care UCP**  
925 Linda Lane, Camp Hill  
888-790-3925  
Non-medical in-home care

### **Medstaffers**

19 Brookwood Ave, Suite 103, Carlisle  
717-243-3485  
Skilled & unskilled in-home care

### **Pinnacle Health Home Care**

2645 N Third St , Suite 300, Harrisburg  
800-453-6497

Skilled medical services, nursing, physical therapy.

### **Safe Haven Skilled Services**

16 W Main St., New Bloomfield  
717-582-4110

Skilled & unskilled in-home care.

### **SUN Home Health Services**

61 Duke St., Northumberland  
888-478-6227

Medical and non-medical personal care, Mainly serving  
Newport area.

### **VNA of Central PA (Local Office)**

P.O. Box 273, New Bloomfield  
717-582-3588

### Hospice

#### **Compassionate Care Hospice, Inc.**

1513 Cedar Cliff Dr. Suite 100, Camp Hill  
800-777-5109

#### **Crossing Hospice of the VNA**

800-732-2486

### **Hospice of Central Pennsylvania**

1320 Linglestown Road, Harrisburg  
717-732-1000

In home hospice care & hospice residence.

### **Pinnacle Health Hospice**

2645 North Third St. Suite 300, Harrisburg  
800-889-1098

### **SUN Home Hospice Care Center**

705 East Sunbury St. PO Box 364, Millerstown  
888-478-6227

Primarily Newport area.

### Outpatient Medical/Dental Care

#### **Dental Hygiene Program**

Harrisburg Area Community College  
Whitaker Building 227, Harrisburg  
717-780-2441

Dental exams, Cleanings, X-Rays.

#### **Health Ministry - Christ Lutheran Church**

24 South 13th St., Harrisburg  
717-206-9320

Nursing clinic every week day 11:30—2:30; Mission of  
Mercy doctor and pharmacy services and dental services  
twice a month; Medical equipment available: wheelchairs,  
bedside commodes, walkers, adult diapers.

**Perry County State Health Center**

153 Red Hill Rd., Newport  
717-567-2011  
Immunizations, HIV testing

**Sadler Health Center**

100 North Hanover St., Carlisle  
717-218-6670  
Family health & dental services

**Physician Practices**

**Broad Street Family Health Center**

211 Broad St., Marysville  
717-957-3500

**Duncannon Family Health Center**

51 Business Campus Way, Duncannon  
717-834-3108

**Family Practice Center**

1100 Montour Road, Loysville  
717-789-3553

**Newport Family Practice**

46 Red Hill Court, Newport  
717-567-3151

**Perry Physicians**

4570 Valley Road, Shermans Dale  
717-582-2090

**Pharmacies**

**Bloomfield Pharmacy**

1 West Main St., New Bloomfield  
717-582-2313

**Medicine Shoppe**

48 Red Hill Court, Newport  
717-567-6367

**Rite Aid**

5 Friendly Drive, Duncannon  
717-834-6303

**Rite Aid**

10 Newport Plaza, Newport  
717-567-6670

**Rite Aid**

5201 Spring Road, Shermans Dale  
717-582-7781

**Weis Market Pharmacy**

316 Walnut St., Newport  
717-567-6047

**West Perry Pharmacy**

1102 Montour Road, Loysville  
717-789-3093

**Nursing Care Facilities**

**Kinkora Pythian Home**

25 Cove Road, Duncannon  
717-834-4887

Personal Care and Independent living wing, skilled nursing unit.

**Nipple Convalescent Home**

100 South Front St., Liverpool  
717-444-3413

**Stonebridge Health & Rehab Center**

102 Chandra Drive, Duncannon  
717-834-4111

Skilled nursing care, respite care, hospice care.

**The Manor of Perry Village**

213 E. Main St., New Bloomfield  
717-582-4346

Skilled Nursing and Rehab.

**Personal Care Facilities**

**Berry's Personal Care Center**

R.R. 1, Box 462, Mifflintown  
717-436-2170

**Countryside Assisted Living**

5358 Veterans Way, Elliottsburg  
717-438-3359

**Kinkora Pythian Home**

25 Cove Road, Duncannon  
717-834-4887

**Stonehedge Retirement Home**

R.R. 1, Box 233, East Waterford  
717-734-3656

**Income Support /Employment**

**AHEDD**

3300 Trindle Road, Camp Hill  
866-902-4333

Employment and training services for persons with disabilities.

### **AARP Senior Employment Center**

2101 N. Front St Bldg 3 Suite 100, Harrisburg

717-234-5961

Job and career information and services to individuals who are seeking to remain in, or re-enter the workforce.

### **Blindness & Visual Services**

555 Walnut St 8th Floor, Harrisburg

866-375-8264

TTY: 888-575-9420

Vocational rehabilitation, specialized services to assist individuals to achieve maximum independence within their homes and communities.

### **Community Care Connections**

925 Linda Lane, Camp Hill

717-737-3477 ex. 360

A supportive employment program to support individuals with intellectual disabilities in securing independent, competitive, community based employment.

We provide a range of support services including individual assessment to identify an individual's interests, job development (resumes, preparing for interviews, training if needed, for example one of our consumers wanted to work in a daycare so her job coach went with her to first aid, CPR and babysitting classes), job development, job coaching and ongoing support at the work place. The job coach assists in training the consumer on the job until he or she is comfortable in doing the job on their own. The job coach

will stay in contact with the employer and consumer and provide additional support when needed.

### **Goodwill Keystone Area**

1150 Goodwill Drive, Harrisburg

800-432-4483

Job readiness skills training and placement assistance for persons with barriers to employment Work Incentives Planning & Assistance Program.

### **Office Vocational Rehabilitation**

555 Walnut St 8th Floor, Harrisburg

800-442-6352

TTY: 877-497-6545

Employment related services - evaluate, counsel, train, job placement so persons with disabilities can acquire or retain jobs.

### **Pennsylvania Dept of Public Welfare— Works for me**

877-268-9894

A free resource that can direct you to agencies and programs that help people with disabilities in Pennsylvania who want to work, and improve their financial security. We will review your specific situation and guide you to resources that will help you find a job, obtain training, keep health insurance, get assistive technology, or find other support you may need.

**Perry County Assistance Office**

100 Centre Drive P.O. Box 280, New Bloomfield  
800-991-1929

**Unemployment Compensation  
Service Center**

888-313-7284  
TTY: 888-334-4046

**Individual & Family Life**

**In-Home Assistance (Personal Care)**

**Accept In-Home Care, Inc.**

PO Box 758, New Bloomfield, PA  
1-800-811-1285

**Addus Health Care, Inc.**

401 E. Louthier Street, Suite 306, Carlisle  
888-447-4447

**Angels On Call**

32 Red Hill Court, Newport  
717-567-7937

**Capital Home Care UCP**

925 Linda Lane, Camp Hill  
888-790-3925

**Center of Independent Living of Central  
Pennsylvania**

297 House Avenue, Suite 107, Camp Hill  
800-323-6060

**Community Resources for Independence  
(CRI)**

33 E Hale St., Suite L, Lewistown  
800-309-0989

**ComForCare**

2330 Vartan Way, Harrisburg  
717-545-6051

**Global Healthcare Group, LLC**

2151 Linglestown Road, Harrisburg  
800-364-1218

**Home Instead Senior Care**

5002 Lenker St., Mechanicsburg  
717-731-9984

**Medstaffers**

19 Brookwood Ave, Suite 103, Carlisle  
717-243-3485

**Safe Haven Quality Care**

16 W Main St., New Bloomfield  
717-582-4110

**Senior Helpers**

3400 Trindle Road, Camp Hill  
717-920-0707

**SUN Home Health Services**

61 Duke St., Northumberland  
888-478-6227

**Unique Home Care Services**

264 Progress Ave., Suite D, Harrisburg  
800-997-0332

**Leisure/Recreation****Capital Area Therapeutic Riding  
Association**

168 Station Road, Grantville  
717-469-7517

Therapeutic horseback riding for persons w/disabilities.

**Library for the Blind & Physically Disabled  
Free Library of Philadelphia**

919 Walnut St., Philadelphia  
800-222-1754

Loan of audio cassette books and magazines, Braille books and magazines, and large print books. Offers bimonthly listings of available titles. Loans include necessary equipment. Services also include free mailing of items to client.

**Pennsylvania Lions Beacon Lodge Camp**

114 SR 103 South, Mount Union  
814-542-2511

Summer camp for adults with special needs, including blindness, deafness and other challenges.

**Recreation and Leisure Line**

800-986-4550

Connects individuals with disabilities with accessible inclusive recreational activities.

**Road Scholar**

877-426-8056

Travel opportunities, enrichment program offered by Elderhostel.

## **RSVP of the Capital Region, Inc.**

5301 Jonestown Road, Harrisburg

717-541-9521

Volunteer opportunities for people age 55 and older.

## Mutual Support Groups

### **Alzheimer's Association**

#### **Greater Pennsylvania Chapter**

3544 N Progress Ave, Suite 205, Harrisburg

717-651-5020

24/7 Helpline: 800-272-3900

24/7 Helpline TDD: 866-403-3073

The Alzheimer's Associations 24/7 Helpline provides information and support to all, including info on local mutual support groups.

### **Amputee Support Team of Central Pennsylvania**

info@astamputees.com

If no email call Don @ 717-944-2250

Peer visitor services and support group for amputees, family, caregivers and friends.

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