

## Information & Assistance

### Farmers Market Vouchers

In cooperation with the PA Department of Agriculture's Bureau of Food Distribution, PCAA distributes farmer's market vouchers to eligible, older adult Perry County residents. This nutrition program encourages older adults to eat more fresh fruits and vegetables that are locally grown and made available at local farm markets. To be eligible for the vouchers, adults must be 60 years old or older, be a resident of Perry County and have a total gross annual household income of \$23,107 or less for a single person or \$31,284 or less for a couple. Each eligible older adult can receive one set of vouchers valued at \$20 per year.

### Rent/Tax Rebates

Older residents, widows or widowers, and disabled individuals on limited incomes may be eligible to receive rebates on money paid for property taxes or rent during the prior year.

### Person Centered Counseling

Are you 18-59 years old and have a disability? Do you have multiple needs and are not sure who to contact first? PCAA has trained Person Centered Counselors who will assist you and create a goal plan. They will also provide you with information and resources to meet these needs.

## Area Agencies on Aging

The PA Department of Aging is formally charged by the federal government via the Older Americans Act and the PA General Assembly with advocating for the interests of older Pennsylvanians at all levels of government. Aging services in PA are carried out through a robust network, which include the Area Agencies on Aging (AAAs). There are 52 AAA's throughout the 67 counties of the Commonwealth. The PA Department of Aging and the Area Agencies on Aging collaborate with other state agencies in the delivery of shared supports. The PA Lottery proudly generates funds for the vital programs that benefit older Pennsylvanians. It remains the only state lottery to dedicate all proceeds to benefits for older residents.

(Programs with an \* in this brochure are funded with lottery funds.)

## Are you or someone you know in need of services?

The PCAA Intake Team can provide additional information regarding the various programs offered by PCAA. During the intake process, PCAA staff will ask for additional information to ensure a referral is made to appropriate programs or community organizations.



### Contact Us:

Phone: 717-582-5128  
Toll Free: 866-926-5118

315 Keystone Way  
P.O. Box 725  
New Bloomfield, PA 17068

Our mission is to honor and protect the lives of individuals by supporting choice through advocacy, education and facilitation of services to maximize independence and quality of life.

## Caregiver Support Program\*

The goal of the program is to reduce caregiver stress by offering support and financial assistance. Primary caregivers may receive reimbursement to help with out-of-pocket expenses ranging from respite care to supplies related to care giving. The program is designed for caregivers who are caring for individuals suffering from an illness or disability and requires assistance, or for a dependent child.

## OPTIONS Program\*

The OPTIONS Program provides services to help those PA residents who are 60 years of age and older to remain in their homes and communities. Consumers receiving OPTIONS services may be required to pay some of the costs towards the services they receive. Financial verification is required to receive services. OPTIONS services include: Personal Emergency Response Systems, Personal Care, and In-Home Meals.

## Health & Wellness Programs\*

Health & Wellness Programs focus on keeping older adults healthy and on preventing disease through evidence-based approaches. These programs are offered throughout the year at various times and locations. Health & Wellness Programs are FREE to anyone age 60 and older.

## Perry County Area Agency on Aging Programs

### Health Insurance Counseling\*

Trained counselors provide free, objective, in-person or telephone assistance to help guide Medicare beneficiaries through their many health insurance options including Medicare and Medicaid, Medicare supplement insurance plans, Medicare Advantage Plans, and Medicare prescription drug plans (Part D).

### Meals Programs\*

Nutritional meals are provided in two settings: Congregate or Home Delivered. To be eligible for a congregate meal you must be a PA resident, age 60 and older. Home Delivered Meal consumers must meet the same eligibility and must demonstrate a nutritional risk indicated by an assessment completed by PCAA. Senior Centers provide a congregate meal daily, Monday through Friday. Home Delivered Meals are delivered to a consumer's home daily, Monday through Friday.

### Ombudsman Program\*

Ombudsmen advocate for and protect the rights of individuals in long-term care facilities. All services are confidential and free.

## Protective Services\*

The Older Adults Protective Services Act protects PA residents 60 years of age and older against physical, emotional, or financial abuse as well as exploitation, neglect or abandonment. Any person who believes that an older adult is being abused may file a report at any time (24 hours a day, 7 days a week) by calling PCAA.

## Senior Centers\*

Senior Centers offer a variety of programs and activities. Perry County has seven senior centers located throughout the county. At the centers, older individuals gather for social activities, recreation, education, creative arts, physical health programs, and nutritious meals.

## Shared Ride Program\*

This program provides reduced fare transportation services to eligible older adults utilizing shared-ride transportation services.

## Volunteer Opportunities

PCAA has several volunteer opportunities available with the Ombudsman and APPRISE Programs. PCAA also has opportunities for community members to be apart of the PCAA Advisory Board.