

— SERVING & PROTECTING THE ELDERLY —

Our mission is to honor and protect the lives of individuals by supporting choice through advocacy, education and facilitation of services to maximize independence and quality of life.

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Area Agencies on Aging

The PA Department of Aging is formally charged by the federal government via the Older Americans Act and the PA General Assembly with advocating for the interests of older Pennsylvanians at all levels of government. Aging services in PA are carried out through a robust network, which include the Area Agencies on Aging (AAAs). There are 52 AAA's throughout the 67 counties of the Commonwealth. The PA Department of Aging and the Area Agencies on Aging collaborate with other state agencies in the delivery of shared supports.

The PA Lottery proudly generates funds for the vital programs that benefit older Pennsylvanians. It remains the only state lottery to dedicate all proceeds to benefits for older residents (programs with an * in this brochure are funded with lottery funds).

The Perry County Area Agency on Aging (PCAAA) is the local designated agency on aging. The agency operates as part of Perry County government. As a department of County government, the agency is governed by the Perry County Board of Commissioners with support from the Perry County Advisory Council on Aging. It is responsible for developing and providing a comprehensive, coordinated system of services and support for older adults and their families living in Perry County.

Perry County Area Agency on Aging Programs

- Information and Assistance
- Congregate Meals
- Caregiver Support Program
 - Caregiver for Older Adults
 - Older Adult Relatives Raising Children
- Older Adult Protective Services
- Senior Community Centers
- Medicare Counseling
- Health & Wellness Programs
- OPTIONS Program
 - Home Delivered Meals
 - Personal Care
 - Personal Emergency Response Systems
- Shared Ride Transportation

Are you or someone you know in need of information or assistance?

The PCAAA Intake Coordinator can provide additional information regarding the various programs offered by PCAAA. During the intake process, PCAAA staff will ask for additional information to ensure a referral is made to appropriate programs or community organizations.

OPTIONS Program*

The OPTIONS Program provides services to help those PA residents who are 60 years of age and older to remain in their homes and communities. Consumers receiving OPTIONS services may be required to pay some of the costs towards the services they receive. Financial verification is required to receive services.

OPTIONS services include: Personal Emergency Response Systems, Personal Care, and Home Delivered Meals.

Meal Programs*

Nutritional meals are provided in two settings: Congregate or Home Delivered. To be eligible for a congregate meal you must be a PA resident, age 60 and older. Home Delivered Meal consumers must meet the same eligibility and must demonstrate a nutritional risk indicated bν an assessment completed by PCAAA. Senior Centers provide a congregate meal daily, Monday through Friday. Home Delivered Meals are delivered to a consumer's home daily, Monday through Friday.

Shared Ride Transportation*

PCAAA in partnership with our local transportation provider, provides reduced fare transportation services to eligible older adults utilizing shared-ride transportation services for approved trips.

Senior Centers*

Senior Centers offer a variety of programs and activities. At the senior centers, older individuals gather for social activities, recreation, education, creative arts, physical health programs, and nutritious meals.

Perry County has six senior centers located throughout the county in Blain, Duncannon, Marysville, Millerstown, Newport and New Bloomfield.

Protective Services*

The Older Adults Protective Services Act protects Pennsylvania residents, 60 years of age and older against physical, emotional, or financial abuse as well as exploitation, neglect or abandonment. Any person who believes that an older adult is being abused may file a report at any time (24 hours a day, 7 days a week) by calling PCAAA.

Caregiver Support Program*

The goal of the program is to reduce caregiver stress by offering support and financial assistance. Primary caregivers may receive reimbursement to help with out-of-pocket expenses ranging from respite care to supplies related to care giving. The program is designed for caregivers who are caring for individuals living with an illness or disability and requires assistance, or for a dependent child.

Medicare Counseling*

The PA MEDI Program is PA's State Health Insurance Assistance Program (SHIP). Trained PA MEDI counselors provider free, objective, in-person or telephone assistance to help quide Medicare beneficiaries of any age through their many health insurance options including Medicare, Medicare Prescription Drug Plans, Medicare Advantage Medicare Supplemental Plans, Insurance, Medicaid, Long-term Care Insurance, Screening and Applying for Financial Assistance Programs (COMPASS), Medicare Fraud, Abuse, Appeals and Complaints and Medicare Preventative Services.

Health & Wellness Programs*

Health & Wellness Programs focus on keeping older adults healthy and on preventing disease through evidence-based approaches. These programs are offered throughout the year at various times and locations. Health & Wellness Programs are FREE to anyone age 60 and older.

Volunteer Opportunities

- Medicare Counselor (PA MEDI)
- Elder Abuse Task Force
- Home Delivered Meal Delivery
- Senior Center Assistance
- Health & Wellness Advisory Board
- Perry County Advisory Council on Aging