## March

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	Ash Wednesday 5	6	7
Baked Meatloaf w/ Gravy	Chicken Bacon Carbonara	Vegetable Lasagna	Goulash	Tuna Salad Sandwich (4oz)
Baked Potato w/ Margarine	(3oz Chicken, 1/2ox Bacon)	Topped w/ Cream Sauce	1/2c Brussel Sprouts	1c Bean Soup
1/2c Beets	1/2c Pasta	1c Tossed Salad w/ Dressing	1/2c Peaches	1/2c Coleslaw
1 White Bread	1/2c California Blend Vegetables	Garlic Breadstick	1 Italian Bread	2 White Bread
Seasonal Fresh Fruit	1 Breadstick	1/2c Fruit Cocktail		Fresh Fruit
	1/2c Mandarin Oranges			
10	11	12	13	14
Pot Roast w/ Gravy	Sweet & Sour Pork	Open Faced Turkey Sandwich	Italian Burger	Baked Breaded Fish
1/2c Mashed Potatoes	1/2c. Rice	w/ Gravy	(Peppers, Onions, White Cheese)	1/2c Hashbrown Cubes
1/2c Mixed Vegetables	1/2c Broccoli & Cauliflower Blend	1/2c Whipped Potatoes w/ Chives	1c Creamy Potato Soup	1/2c Green Beans
Wheat Bread	1 Dinner Roll	1/2c Sweet Corn	1 Hamburger Roll	1 Sandwich Bun
1/2c Chocolate Pudding	Fresh Fruit	1 White Bread	Seasonal Fresh Fruit	1/2c Pineapple Delight
		1 Cookie	NEW	
Happy St. Patrick's Day! 17	18	19	20	21
3oz Corned Beef	Grilled Chicken Salad	Cajun Chicken Alfredo	Burgundy Glazed Meatballs (4)	Creamy Egg Salad Sandwich
1/2c Cabbage	(2oz Chicken, Cheddar, HB Egg	1/2c Creamy Pasta	1/2c Rice	Lettuce & Tomato
1/2c Parsley Potatoes	over 1c Mixed Greens)	1/2c Peas	1/2c Carrots	1c Cream of Cauliflower Soup
1 Rye Bread	1c Cream of Broccoli Soup	1 Breadstick	1 Italian breadstick	2 Whole Wheat Bread
1/2c Pistachio Fluff	1 Dinner Roll	1/2c Pineapple	Fresh Orange	1/2c Applesauce
	1/2c Fruited Gelatin	NEW		Cookie
		TIEM.		
24	25	26	27	28
Creamy Parmesan Pork Chop	Pizza Burger	Chicken Bruschetta	Lasagna w/ Meat Sauce	Baked Crab Cake
1/2c Cubed Potatoes	(1oz Sauce,5oz Mozzarella)	1/2c Pesto Pasta	1c Tossed Salad w/ Tomato	1c Tomato Basil Bisque
1/2c Carrots	1/2c Lemon Buttered Noodles	1/2c Capri Blend Vegetables	1/2c Green Beans	1/2c California Blend Vegetables
1 Wheat Bread	1/2c Brussel Sprouts	1 Dinner Roll	1 Garlic Breadstick	White Bread
Choc chip cake w/ topping	Hamburger Bun	Fresh Fruit	Fresh Fruit	1/2c Fruit crisp
	1/2c Applesauce			
31		1920		V
Chicken & Dumplings				
1/2c Mixed Vegetables				
Whole Grain Buttermilk Biscuit				The
Fresh Orange				Nutrition I
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