








May

Perry

Monday	Tuesday	Wednesday	Thursday	Friday
			1 3oz Pork Loin w/ 2oz Creamy Mushroom Sauce 1/2c Brown Rice 1/2c Broccoli Dinner Roll 1/2c Blushed Fruit	2 Stuffed Pepper w/ Tomato Sauce 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 White Bread 1/2c Pudding
5 BBQ Pork Ribette 1/2c Buttered Pasta 1/2c Brussel Sprouts 1 Sandwich Roll 1/2c Pineapple Delight	6 3oz Roast Beef w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Coin Carrots 1 Italian Bread 1/2c Pineapple & Mandarin Oranges	7 Stadium Hot Dog 1/2c Cheesy Potatoes 1/2c Peas 1 Hot Dog Roll Fresh fruit	8 Chicken, Spinach & Cranberry Salad w/ Dressing 1c. Mixed Greens & Spinach 1/2c Broccoli Salad 1 Breadstick 1 Piece Cake	9 4oz chicken salad 1c Cream of Potato Soup 1/2c Pickled Beets Hamburger Bun Fresh Fruit
12 Korean Meatballs (4) 1/2c White Rice 1/2c Oriental Vegetables 1 Wheat Bread 1/2c Fresh Melon 	13 Chicken Philly Cheesesteak 1c Cream of Spinach Soup 1/2c Coleslaw 1 Hoagie Roll 1/2c Gelatin 	14 Shrimp Scampi (3oz Shrimp) 1/2c Creamy Pasta 1/2c Lemon Pepper Broccoli 1 Breadstick fresh fruit 	15 Swiss Steak w/ Onion Gravy 1/2c Cabbage & Noodles 1/2c Green Beans Wheat Bread 1/2c chocolate pudding	16 Sliced Ham 1/2c Tri Color Sweet Potatoes 1/2c Peas 1 Dinner Roll 1 Cookie
19 3oz Pot Roast w/ 2oz Gravy 1/2c Mashed Potatoes 1/2c Mixed Vegetables Wheat Bread 1/2c Fruit Crisp	20 Grilled Chicken Salad (2oz chicken, cheddar over 1c Mixed Greens) 1c Cream of Broccoli Soup 1 Dinner Roll 1/2c pineapple	21 1c Cabbage Roll Casserole 1/2c Garlic Whipped Potatoes 1/2c Carrots 1 Dinner Roll Seasonal Fresh Fruit	22 Western Omelet w/ Peppers, Onions, Cheese 1 Sausage Patty 1/2c Breakfast Potatoes 1 English Muffin w/ Jelly 4oz Apple Juice	23 BBQ Chicken Breast 1/2c Country Collard Greens 1/2c Baked Beans 1 Dinner Roll Seasonal Fresh Fruit
Memorial Day 26 	27 3oz Balsamic Chicken 1/2c Rosemary White Beans 1/2c Tomatoes & Zucchini 1 Garlic Breadstick fresh fruit 	28 4oz Sloppy Joe 1/2c Roasted Sweet Potatoes 1/2c Cauliflower 1 Hamburger Bun Oatmeal Cream Pie	29 Baked Crab Cake 1c Tomato Basil Soup 1/2c California Blend Vegetables 1 Wheat Bread 1/2c Pineapple Tidbits <i>*menu subject to change</i>	30 Vegetable Lasagna 1c tossed salad 1/2c Green Beans 1 Dinner Roll 1 Cookie

If you need to cancel a meal, contact the Area Agency on Aging at 717-582-5128 or 1-866-926-5118. Hours are Monday - Friday 8:00 - 4:00.